



CERTIFICATE

ICF CORE COMPETENCIES



THIS CERTIFICATE IS AWARDED TO

Alexander Goetz

for successfully completing the ICF Core Competencies Training.
This program consisted of 13.5 hours of Continuing Coach Education Units (CCEUs).
The training provided a comprehensive understanding of the ICF Core Competencies.

A handwritten signature in blue ink, appearing to read 'Stefan Kreil'.

Stefan Kreil

ICF PCC, EMCC Senior
Practitioner, EMCC Team Coach
and EMCC Supervisor,

A handwritten signature in blue ink, appearing to read 'Patricia Crazzolara'.

Patricia Crazzolara

ICF Associate Certified
Coach (ACC)

A handwritten signature in blue ink, appearing to read 'Heiko Römheld'.

Heiko Römheld

ICF Professional
Certified Coach (PCC)



What unique skills or positive impressions have others noticed about you?



Content and structure of the ICF Core Competencies Training



- Total 9 Sessions,
- each 90 min,
- in total 13,5 Hours
- Continue Coach Education CCEUs
- 8 Sessions ICF Core Competencies
- 1 session per competency
- Reviewed recorded Coaching Session
- Asynchronous Learning in Peer Groups 1H per Week

A. Foundation

1. Demonstrates Ethical Practice
2. Embodies a Coaching Mindset

B. Co-Creating the Relationship

3. Establishes and Maintains Agreements
4. Cultivates Trust and Safety
5. Maintains Presence

C. Communicating Effectively

6. Listens Actively
7. Evokes Awareness

D. Cultivating Learning and Growth

8. Facilitates Client Growth